

REGISTRATION

NO LATER THAN 20 JULY 2022

- Registrations for the **International Meeting** are received at the organizational headquarters **by sending the following data by e-mail: name, surname, year of birth, residence, company, competitions, best performance obtained in 2020/21** by writing an email to scaini@meetinglignano.com
- Registrations for the **Pre-Meeting** (Youth and Master categories) can be made by sending an email to info@nuovatletica.it. For organizational purposes, the maximum number of participants will be placed for each competition discipline.
- Registrations for the **individual Regional Championship MASTER FIDAL FVG 100m** (reserved for FVG members) must be made through the FIDAL On-Line System
- Registrations for **REGIONAL REPRESENTATIVE** races will be managed by CRFVG FIDAL

RULES

- A. The track has 6 lanes in Rubtan / s, which allows athletes to use shoes with spikes no longer than 6 mm. In addition, all shoes will be checked in reference to the RT5 Standard of the International Technical Regulations.
- A. Confirmation of attendance and collection of race bibs must be made within 2:00 hours before the start of the race by a Sports Club Manager at the Technical Information Center (**TIC**) from **Entry 1**; unconfirmed registrations will be considered null. (who has not confirmed will not be able to compete)
- B. Discus throwing athletes will present their personal discus at the TIC
- C. To access the Warm-up Area, the athlete must follow the instructions indicated by the TICs. In this area will be prohibited access to assistants.
- D. Athletes must, without further call, make themselves available to the Judges at the **Call Room** (CR) **10 minutes before entry to the field**, which will take place within the following times:
10 minutes before the start for lane races;
30 minutes before for the LONG JUMP;
40 minutes earlier for the HIGH JUMP.
- E. All draws (lanes, alignment, jumping and throwing rounds) will be carried out by the Technical Delegate at the Technical Secretariat, in consultation with the organizers, immediately after confirmation of registration by the athletes.
- F. The 100-meter race takes place in heats; the first two classified of each heat and the two athletes who have obtained the best times among the rest enter the final. All other lane races are held in series.
- G. The progression of the high jump will be established by the Technical Delegate, based on the accreditations of the members.
- H. The first 3 athletes classified in each race will be awarded immediately at the end of these in the delimited area next to the Mixed Zone (4). The Missoni trophy will be awarded to the winner of the 400Hs race.
- I. To register, send to info@meetinglignano.com. The participation of the Athletes in the races of the Technical Program and the modification of the list of entrants is at the sole discretion of the Organizing Committee.
- The same can accept in the absolute competitions included in the program "Top Level" athletes, Students, Juniors and Promises of the Friuli V.G. even without the minimum participation.
- J. The regional competitions are previewed, starting at 4 p.m.
- K. The program and times may be changed at the sole discretion of the organizers and the Technical Delegate on the basis of particular needs and especially on the basis of the participants in each individual race.
- L. Any complaints may be presented verbally to the referees of the matches to which they refer, in the first instance, and to the Appeal Judge in writing, in the second instance (fee 100,00 euros or equivalent) within the terms provided by the R.T.I., to be presented at the TIC .
- For anything not covered by these Regulations, the technical and statutory regulations issued by FIDAL for the current year are valid.

SEDE ORGANIZZATIVA

Nuova Atletica dal Friuli A.S.D.

Via Ippis, 6 - 33100 Udine (Italy)

tel. +39.0432. 481725 - info@meetinglignano.com - www.meetinglignano.com

ACCESS

The accesses will be bound by the national regulations. The access protocol and the regulations to be adopted are published on the website www.meetinglignano.com. The Information Document will also be showed on the Social pages and in the Entrance areas.



TIC: Centro Informazioni Tecniche
AREA WARM-UP: Campo riscaldamento
CR: Call Room (camera d'Appello)
MZ: Mixed Zone (area Uscita dalla Pista)