



*The program may be subject to change. Consult www.meetinglignano.com

PROGRAM entry standards	
MEN	WOMEN
100m (10"50) - 400m (47"50) - 800m (1'48"50) 1500m (3'40") - 400Hs (51"00) - SP (19.00m) JT (74.00m)	100m (11"80) - 400m (53"00) - 800m (2'05") 1500m (4'13") 100Hs (13"30) - LJ (6.20m) 100m FISPES
ATLETI CON DISABILITÀ / SPECIAL OLYMPICS 50m SPECIAL OLYMPICS (M/W)	

REGISTRATIONS

WITHIN AND NO FURTHER THAN 03 JULY 2026

- Registrations for the **International Meeting** are received at the organizational headquarters **by sending via e-mail to scaini@meetinglignano.com indicating the following data: name, surname, year of birth, residence, club to which you belong, competitions, best performance obtained in 2025/26.** The participation of Athletes in the Technical Program races and the modification of the list of members is at the sole discretion of the Organizing Committee. The same will be able to accept "Top Level" athletes, Allievi/e, Juniores and Promesse from the Friuli VG Region in the absolute competitions included in the program even without the minimum participation requirements.

INTERNATIONAL MEETING REGULATIONS

- A. Athletes must report to the Call Room according to the following procedures:
 - a. 20 minutes before the scheduled start time for track events;
 - b. 30 minutes before the scheduled start time for field events (Long Jump, Shot Put, Javelin).
 - c. The actual time of entry onto the field of play will be determined by the Meeting Director, and no announcements will be made via loudspeaker.
- B. The composition of the heats (lanes, starting order, jumping and throwing order) will be determined by the Technical Delegate at the Technical Information Center, in agreement with the organizers, after athletes have confirmed their entries.
- C. The programme and timetable may be modified at the sole discretion of the organizers and the Technical Delegate, based on specific needs and, in particular, on the number of participants in each event.
- D. Any protests must be made verbally to the relevant event referees in the first instance, and in writing to the Jury of Appeal in the second instance (fee of €100.00 or equivalent), within the time limits set by the Technical Rules, to be submitted at the TIC.

For anything not covered by this Regulations, will be applied the Technical and Statutory regulations issued by **World Athletics** and **European Athletics** for the current year.

ACCESSES

Access will be bound by current national regulations. It is published on the site www.meetinglignano.com the access protocol and the regulations to be observed. The Information Document will also be displayed on the Social pages and at the Entrance areas.



TIC: Technical Information Center
WARM-UP AREA: Warm-up field
CR: Call Room
MZ: Mixed Zone (Runway Exit area)